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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Selection of Cereals  Crumpets | Selection of Cereals  Wholemeal toast | Selection of  Cereals  Bagels | Selection of  Cereals  Croissant | Selection of  Cereals  Scrambled eggs on toast |
| **Mid Morning**  **Snack** | Melon  &  Breadsticks | Oatcakes  &  Strawberries | Rice cakes  &  Cucumber | Apple  &  Satsumas | Scones  &  Grapes |
| **Lunch**  **Pureed for very young** | Sweet and Sour chicken with noodles, broccoli and cauliflower  Fruit yoghurt | Vegetable tajine with couscous and chickpeas  Chocolate mousse | Tomato pasta bake with homemade chicken goujons, green beans and courgettes  Berries and cream | Fish biriyani with sweetcorn and peas  Apple sponge | Chicken and bacon lasagna with carrots, garlic bread  Banana custard |
| **Vegetarian**  **Alternative** | Sweet and Sour Quorn | As above | Vegetarian goujons | As above | Vegetable lasagne |
| **Mid Afternoon**  **Snack** | Fruit load  &  Grapes | Potato cakes  &  Apples | Cream crackers, butter &  Pears | Teacakes  &  Raspberries | Malt loaf  &  Blueberries |
| **Tea** | Quiche Lorraine,  Tomatoes and cucumber  Fruit cocktail | Soup with crusty bread  Shortbread with banana dip | Selection of sandwiches with carrot sticks  Pineapple upside down cake | Baked beans on toast with cucumber  Fruit & fromage frais | Crumpets, ham and cheese, tomatoes  Natural yoghurt and fresh fruit |
| **Vegetarian**  **Tea** | Vegetable quiche | As above | As above without meat | As above | As above without ham |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies -** All allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – All meet is sourced locally from Burtons Butchers.

**Desserts** – A choice of homemade puddings, fresh fruit or plain yoghurt is always available.

**Tiny ones/ weaning** – We can puree our meals for the youngest and also adapt to the young ones by making vegetables purees etc.